

# Fun In Athletics Elementary Schools Junior Grades Team Competition

**All FIA COMPETITIONS begin with a short welcome and introduction of the teams**

Instructions: Fill in the students name under the event they will be participating in. Each student is limited to a maximum of 2 Running Events and 2 Field Events. Students may not participate in 2 different field events in the same round.

## Athletes Events / Running Order

### RELAY EVENTS

### FIELD EVENTS

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| <p style="text-align: center;"><b>Obstacle Relay – 4 GIRLS</b></p> <p>_____ , _____</p> <p>_____ , _____</p> <p style="text-align: center;"><b>Obstacle Relay – 4 BOYS</b></p> <p>_____ , _____</p> <p>_____ , _____</p> | <p style="text-align: center;"><i>The field events will begin after the<br/>Obstacle Relays have finished.</i></p>  |
| <p style="text-align: center;"><b>2 x 2 Lap Relay – 2 GIRLS</b></p> <p>_____ , _____</p> <p style="text-align: center;"><b>4 x 1 Lap Relay – 4 GIRLS</b></p> <p>_____ , _____</p> <p>_____ , _____</p>                   | <p style="text-align: center;"><b>Round One – BOYS</b></p> <p><b>Chest Push:</b> _____</p> <p><b>Standing Long<br/>Jump:</b> _____</p> <p><b>Standing Triple<br/>Jump:</b> _____</p> <p><b>Vertical Jump:</b> _____</p> <p><b>Balance:</b> _____</p> <p><b>Target Throw:</b> _____</p> <p><b>Sitting Throw:</b> _____</p> |

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| <p><b>2 x 2 Lap Relay – 2 BOYS</b></p> <p>_____ , _____</p> <p><b>4 x 1 Lap Relay – 4 BOYS</b></p> <p>_____ , _____</p> <p>_____ , _____</p> | <p><b>Round One – Girls</b></p> <p><b>Chest Push:</b> _____</p> <p><b>Standing Long Jump:</b> _____</p> <p><b>Standing Triple Jump:</b> _____</p> <p><b>Vertical Jump:</b> _____</p> <p><b>Balance:</b> _____</p> <p><b>Target Throw:</b> _____</p> <p><b>Sitting Throw:</b> _____</p> |
| <p><b>6 Lap Paarlauf - 2 GIRLS</b></p> <p>_____ , _____</p> <p><b>Over / Under – 4 GIRLS</b></p> <p>_____ , _____</p> <p>_____ , _____</p>   | <p><b>Round Two – BOYS</b></p> <p><b>Chest Push:</b> _____</p> <p><b>Standing Long Jump:</b> _____</p> <p><b>Standing Triple Jump:</b> _____</p> <p><b>Vertical Jump:</b> _____</p> <p><b>Balance:</b> _____</p> <p><b>Target Throw:</b> _____</p> <p><b>Sitting Throw:</b> _____</p>  |

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|---|--|
| <p style="text-align: center;"><b>Over / Under - 4 BOYS</b></p> <p>_____ , _____</p> <p>_____ , _____</p><br><p style="text-align: center;"><b>6 Lap Paarlauf – 2 BOYS</b></p> <p>_____ , _____</p> | <p style="text-align: center;"><b>Round Two – GIRLS</b></p> <p><b>Chest Push:</b> _____</p> <p><b>Standing Long Jump:</b> _____</p> <p><b>Standing Triple Jump:</b> _____</p> <p><b>Vertical Jump:</b> _____</p> <p><b>Balance:</b> _____</p> <p><b>Target Throw:</b> _____</p> <p><b>Sitting Throw:</b> _____</p> |
| <p style="text-align: center;"><b>Speed Bounce – 3 GIRLS</b></p> <p>_____ , _____</p> <p style="text-align: center;">_____</p>  | <p style="text-align: center;"><b>Round Three – BOYS</b></p> <p><b>Standing Long Jump:</b> _____</p> <p><b>Standing Triple Jump:</b> _____</p> <p><b>Vertical Jump:</b> _____</p> <p><b>Balance:</b> _____</p> <p><b>Caber - 2 BOYS</b> _____ , _____</p>  |
| <p style="text-align: center;"><b>Speed Bounce – 3 BOYS</b></p> <p>_____ , _____</p> <p style="text-align: center;">_____</p>   | <p style="text-align: center;"><b>Round Three – GIRLS</b></p> <p><b>Standing Long Jump:</b> _____</p> <p><b>Standing Triple Jump:</b> _____</p> <p><b>Vertical Jump:</b> _____</p> <p><b>Balance:</b> _____</p> <p><b>Caber - 2 GIRLS</b> _____ , _____</p>  |

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| <p><b>Soft Javelin – 2 GIRLS</b></p> <p>_____ , _____</p>  |  | <p><b>Soft Javelin – 2 BOYS</b></p> <p>_____ , _____</p> |
| <p><b>Grand Prix Relay – 4 Girls</b></p> <p>_____ , _____ , _____ , _____</p> <p><b>Grand Prix Relay – 4 BOYS</b></p> <p>_____ , _____ , _____ , _____</p> |  |  |